

PACKAGE LEAFLET – INFORMATION FOR THE USER
Candid Cream (Clotrimazole 1% cream)

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or your pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in the leaflet.

What is in this leaflet:

1. What is Candid Cream and what it is used for
2. What you need to know before you use Candid Cream
3. How to use Candid Cream
4. Possible side effects
5. How to store Candid Cream
6. Contents of the pack and other Information.

1. What is Candid Cream and what it is used for

Candid Cream is used to treat fungal skin infections such as ringworm, athlete's foot, fungal nappy rash and fungal sweat rash. It is also used to relieve irritation of the vulva (external thrush) or the end of the penis, which may be associated with thrush.

If you are unsure whether you (or your baby if treating nappy rash) have one of these fungal skin infections, seek the advice of your doctor or pharmacist.

The active substance in Candid Cream is clotrimazole. Clotrimazole belongs to a group of medicines called imidazoles and is an antifungal agent which fights the cause of fungal skin infections.

2. What you need to know before you use Candid Cream

Do not use Candid Cream:

- If you (or your baby if treating nappy rash) are allergic (hypersensitive) to clotrimazole or any of the other ingredients of Candid Cream.
- To treat nail or scalp infections.

Special precautions:

As with other creams, Candid Cream may reduce the effectiveness of rubber contraceptives, such as condoms or diaphragms. Consequently, if you are using this cream on the vulva or penis, you should use alternative precautions for at least five days after using this product.

Pregnancy and breast-feeding:

If you are pregnant, breast-feeding or trying for a baby, tell your doctor or midwife before using Candid Cream. If you have informed your doctor or midwife already, follow his/her instructions carefully.

3. How to use Candid Cream

If Candid Cream has been prescribed for you by your doctor, follow any instructions he/she may have given you.

If you purchased this product without a prescription, follow these directions closely:

- Before use, pierce the tube seal by inverting the cap over the end of the tube and press.
- If the feet are infected, they should be washed and dried thoroughly, especially between the toes, before applying the cream.
- Candid Cream should be applied thinly and evenly to the affected areas two or three times daily and rubbed in gently.
- A strip of cream (1/2 cm long) is enough to treat an area of about the size of the hand.
- The duration of the treatment depends upon the type of infection. Generally a minimum of two weeks is required, although up to four weeks may be necessary.
- If you have athlete's foot, it may help to use an antifungal dusting powder as well. Ask your doctor or pharmacist to recommend one.

The symptoms of skin infection, such as itching or soreness, should improve within a few days of treatment although signs such as redness and scaling may take longer to disappear. If symptoms persist, consult your doctor.

Candid Cream is for external use only:

Do not put the cream in your mouth or swallow it.

If the cream is swallowed accidentally, tell your doctor straight away or contact the Accident and Emergency Department of your nearest hospital.

If you accidentally get cream in your eyes or mouth, wash immediately with water and contact your doctor.

If you forget to use Candid Cream

Apply the cream as soon as possible and then continue the rest of your treatment as usual.

You can help the treatment to work if you follow these simple self-help tips:

- Although the infected area will itch, try not to scratch. Scratching will damage the surface of the skin and cause the infection to spread further.
- Keep the affected skin areas clean.
- Pay particular attention to drying the skin, but avoid excessive rubbing.
- Do not share towels, bath mats, etc. with other people as you could spread the infection to them.
- Always wash your hands after treating the infection to prevent it from spreading.

If you have athlete's foot:

- Remember to dry the skin between the toes thoroughly.
- Wash your socks, stockings and tights thoroughly in hot water to remove any shed skin or fungal spores.
- Change your footwear daily if possible.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. Possible side effects

Like all medicines, Candid Cream can cause side effects, although not everybody gets them.

As with all medicines, some people may be allergic to the cream. If you or your baby are allergic, a reaction will occur soon after you start using it. If you or your baby experience an allergic reaction, stop using Candid Cream and tell your doctor straight away or contact the Accident and Emergency Department of your nearest hospital.

Signs of an allergic reaction may include:

- Rash.
- Swallowing or breathing problems.
- Swelling of your lips, face, throat or tongue.
- Weakness, feeling dizzy or faint.
- Nausea.

After you apply the cream you might experience:

- Itching, rash, blisters, burning, discomfort, swelling, irritation, redness or peeling of skin.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Candid Cream

This product should be stored in the original carton.

Store below 25C.

Keep all medicines out of reach of children.

Do not use Candid Cream after the expiry date which is stated at one end of the carton and on the end of the tube of cream. The expiry date refers to the last day of that month.

6. Contents of the pack and other information

The product Candid Cream is packed in a printed carton containing a leaflet and a printed aluminium collapsible tube containing white semi-solid cream.

This leaflet was last revised in Aug 2020.